



ADVANCED X-RAY IMAGING TECHNIQUES FOR MEDICAL DIAGNOSIS AND MATERIALS

Dr. P. Laveena Manjulatha
Assistant professor of physics
MALD gdc gadwal, Jogulamba gadwal, palamuru university
Telangana, India _ 509125.
Email id : laveenamanjulatha@gmail.com

ABSTRACT

Imaging with X-rays has come a long way since it was first developed in the late 1800s. These days, radiologists use digital radiography, which processes high-resolution images utilizing complex computation. The sensitivity and selectivity of the technology have recently been improved, which enables it to generate nearly faultless photos, even when those images include moving portions of the human body. Recent developments in imaging technology suggest that in the not-too-distant future, smaller and more flexible imaging equipment will be utilized to precisely image problems with microtissue that were previously undetectable. Methods of medical imaging are utilized to detect abnormalities, diagnose and treat ailments, and investigate hidden internal systems that reside beneath the skin and bones.

Keywords: Advanced X-Ray , Imaging , Techniques , medical diagnosis , materials

INTRODUCTION

Medical imaging is the technique of visually portraying the composition and function of the various human tissues and organs for the purposes of clinical practice and scientific research into the normal and abnormal architecture and physiology of the body. This can be done for both clinical purposes and research into the normal and abnormal architecture and physiology of the body. Methods of medical imaging are utilized to detect abnormalities, diagnose and treat ailments, and investigate hidden internal systems that reside beneath the skin and bones.

Medical imaging has given rise to the field of healthcare science. It is an essential part of biological imaging and encompasses the field of radiology, which makes use of imaging technologies such as thermography, medical photography, electrical source imaging (ESI), digital mammography, tactile imaging, magnetic source imaging (MSI), medical optical imaging, single-photon emission computed tomography (SPECT), endoscopy, magnetic resonance imaging (MRI), magnetic resonance spectroscopy (MRS), positron emission tomography (PET), and ultrasonic and electrical impedance.

X-Ray Film and Cassette

The X-ray cassette is housed within a rectangular metal box that is impervious to light and contains radiographic film as well as an intensifying screen. The top protective layer, which

is made of opaque carbon fiber, does not take in nearly any of the radiation that is being emitted. The thin coating of lead (atomic number 82) that is employed in the cassette's backside layer serves the purpose of preventing any backscattered radiation that could result from the X-rays that are being transmitted. The X-ray film is made up of the protective layer, the emulsion, the adhesive, and the polymer substrate. On both sides of the substrate, a thick layer of photosensitive emulsion is painted on so that the X-ray absorption can be increased and the blurring can be decreased. In most instances, the emulsion layer is made up of a combination of gelatin and a number of different silver-halide compounds. However, when the emulsion is directly exposed to X-rays, the sensitivity of X-ray imaging is significantly limited. The low X-ray absorption efficiency of the emulsion is primarily responsible for this limitation.

Advance Modalities in Medical Imaging

There have been many developments in technology, and some of the ways in which these developments might be described include their operating principles, their applications in medical laboratories, and their breakthroughs in imaging techniques. Digital mammography, sonography, positron emission tomography (PET), magnetic resonance imaging (MRI), computed tomography (CT), and single-photon emission computed tomography (SPECT) are all examples of advanced medical imaging techniques. Other techniques include MRI and CT scans. All of them will be covered in more detail in the following paragraphs so that you can have an understanding of their benefits and applications in the diagnosis, monitoring, and treatment of a variety of illnesses, including neurological disorders, cancer, and cardiovascular disease. These approaches are often used by clinicians since they allow for the rapid and straightforward management of diseases utilizing photos.

Modern Developments in X-Ray Imaging Technology

The technology for imaging with X-rays has made tremendous strides forward in recent years, particularly in terms of its power, precision, and computerization.

The two components that make up x-ray imaging are the process of producing x-rays and the method that is used to catch the x-rays and form an image from them. Following is a condensed explanation of current developments that have taken place in these areas.

X-Ray Beam Generation and Focus

In order to make an x-ray image, x-rays first need to be generated and then aimed in the correct direction. As was said before, x-rays are created when electrons move quickly. This causes them to shove other electrons out of the way, which results in the production of x-ray photons.

The creation of x-ray beams has been considerably improved in a number of ways thanks to current technology, including the following:

- Acceleration of electrons and high-voltage alternating currents are both used in this process. In most cases, heat sources will generate electrons, which will then be propelled by high-voltage electrical devices that use alternating current. Because alternating current encourages the acceleration of electrons, the device's x-rays are produced with a greater amount of energy than they would be otherwise.

- Improvements made to vacuum-guided beam technology. The initial machine that created x-rays utilized an apparatus that was not nearly as advanced as the vacuum chamber that the electrons now flow through. They move across space without coming into contact with any gas, which enables a highly concentrated beam of energy.
- The production of X-rays through the usage of metal. Before exiting the acceleration track, the electrons are subjected to an unavoidable collision with one or more metal sheets. X-ray photons are produced when the electrons in the metal are shifted, and these photons leave the device to go through the target object or body tissue that is being x-rayed. X-rays can only be created by a tiny fraction of the electrons that collide with the metal plate—just one percent of them. The speed of the electron beam contributes to an increase in the amount and energy intensity of the x-rays that are produced, while the quantity of metal sheets used and their thickness contribute to a reduction in the intensity of the x-rays.
- Combining X-rays and diffusion techniques. Similar to light, the generated x-ray photons can be focused like a laser, spread out like a fan, or projected like a cone of light. These configurations provide an explanation for the differences that can be seen in the many different x-ray applications; surgery and radiation therapy are two common applications for x-ray lasers. X-ray scanning applications such as computed tomography (CT) and other contemporary precision imaging applications make use of both cone beam and fan beam x-ray technology.
- Shaping of Magnetic Beams. Magnets are widely used in modern x-ray machines to shape the beam, which enables the x-ray to reach a target with more precision and to be diluted in the proper amount.

OBJECTIVES OF THE STUDY

1. To study on Advance Modalities in Medical Imaging
2. To study on Modern Developments in X-Ray Imaging Technology

RESEARCH METHOD

Medical imaging systems

Signals from the patient are utilized by medical imaging devices so that images can be created. In medical imaging systems, ionizing and non-ionizing sources are both used as diagnostic imaging agents.

X-ray imaging systems

For diagnostic purposes, X-rays have been used to view various regions of the human body ever since they were discovered by the German scientist Roentgen. The creation of electrons in the cathode of an X-ray tube is sped up by a process known as thermal emission when the tube has a potential difference of between 50 and 150 KV. When the electrons collide with the anode, X-rays are generated as a byproduct. The remainder of the energy is converted into heat, and just 1% of it is changed into x-rays in the process. The X-ray machine produces

two-dimensional blueprints of the area of the body that is being examined, and these are the images that are displayed on the screen. The fluoroscopy technique is used to scan the moving organs while they are being examined. The images that were taken can be kept on other devices, viewed on those devices, and shared with other people. In computed tomography (CT), pictures are formed through the utilization of image receptors. X-rays are presented alongside a screen that has been coated with a storage phosphor device. Imaging using mammography is used to differentiate between a variety of breast diseases and the breast tissues themselves. Imaging with mammography uses far less energy than imaging with x-rays of the bone structure. The 15–40 kV potential difference range that is being used is the one that is now being utilized.

Computed tomography (CT)

This modality generates images in several dimensions, in contrast to the conventional method of radiography. A CT scanner will cut the tissues of the body into multiple slices, each of which will be taken in a different way. The patient is positioned inside the CT scanner's opening before being subjected to an X-ray examination that is rotated around them in all directions.

Nuclear medicine

Radioisotopes are used in this imaging approach to provide images of the activities of many different structures, including the liver, kidneys, and heart, amongst others. Radioisotopes are marked with pharmaceutical chemicals in order to ensure that they are delivered to the correct organs during treatment. The photons that are released by the patient are detected by the detectors, and these detections are converted into signals. These signals are used to create digital images that can be deciphered by the human eye. Scanning techniques in nuclear medicine can take a number of different forms, including planar, tomographic, and positron emission imaging. Images in two dimensions are generated by the planar emission. Images in three dimensions can be created by a combination of tomographic and positron emissions.

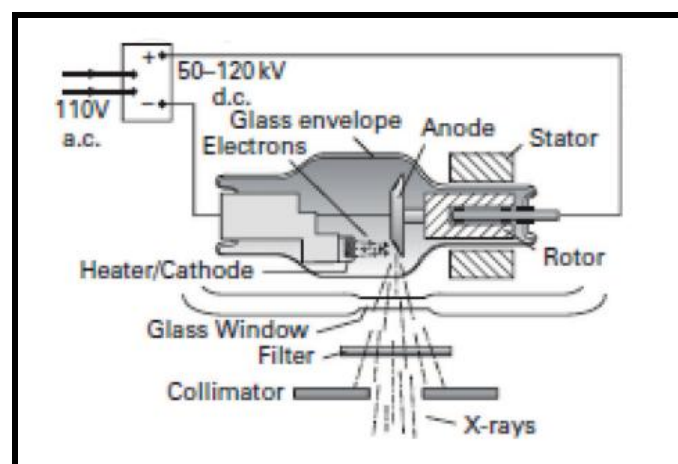


Figure 1. X-rays tube

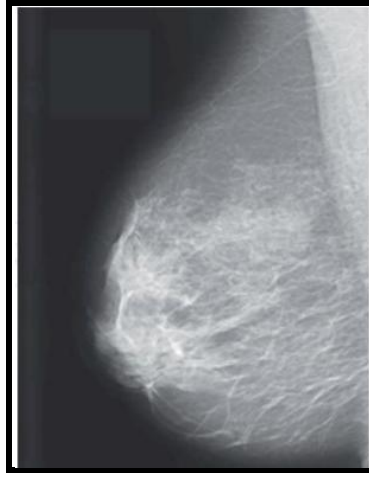


Figure 2. Mammography image.

Ultrasound

Ultrasound is a technology that generates images of the internal structure of the body by sending sound waves with a high frequency into the body and analyzing the echoes that are back. Some animals that live in the wild, such as whales and bats, utilize a technique that is analogous to ultrasound in order to pinpoint their location in the environment. Pulses of high-frequency ultrasound are introduced into the body by means of a transducer, and they travel through the various tissues of the body. Some of the waves are taken in, while others are reflected in the opposite direction. The waves that were reflected are brought into the transducer, where they are converted into electrical impulses. The electric signals, having first been converted into digital signals, are then transmitted all the way through the computer system. The scanned structures' two-dimensional images are generated by the computer system through the application of several mathematical and logical operations. In the ultrasonic system, thousands of pulses are transmitted in each and every millisecond. In order to achieve better ultrasound images, a number of different imaging techniques are utilized.

DATA ANALYSIS

Fundamentals of digital image processing

When classifying the photographs, many characteristics, such as illumination, contrast, entropy, and signal-to-noise ratio, are taken into consideration. The histogram is the approach of image processing that is the most fundamental. The display has no impact on the image's overall quality in any way. The histogram of grayscale images takes into account the main forms of images that are utilized to evaluate and improve the photographs. The values of the pixels, as opposed to the locations of the pixels, are displayed in the diagram known as the histogram. The histogram of grayscale values provides an indication of the general brightness or darkness of an image. The average pixel value can be obtained from the histogram by first adding the values that were created for each pixel to the constant bin altitude and then dividing the sum obtained by the total number of pixels. When comparing many images that were taken on the same foundation, histogram equalization is a technique that is frequently used. This is achieved by the method's modification of the histogram, which results in the histogram becoming uniform, balanced, and smooth (Figure 7). The average value of the intensity of the middle pixel is used to represent the level of brightness that is optimal. Any intensity above or below the threshold results in a brighter or darker image, respectively. The signal-to-noise ratio (SNR) of an image is what's utilized to determine whether or not the

observed signal level matches up with the expected signal level. The signal-to-noise ratio, abbreviated as SNR for short, is the ratio of the strength of the signal to the intensity of the noise. An upfront calculation of the signal-to-noise ratio (SNR) is performed using the image as the input. The square of the average pixel value is what is utilized to determine the average brightness of an image (Equation (1)).

$$SNR = \frac{P_{signal}}{P_{noise}}$$

where p is the average power

Image enhancement

The process of using computer-assisted software to improve the overall quality of photos and make them more easily discernible is known as image enhancement. This approach takes into account both the subjective and objective aspects of progress. This approach makes advantage of local operations and locations throughout. The specifics of the local operations are decided by the values of the district input pixels. The transform domain and the spatial domain are the two kinds of image enhancement techniques, respectively. The transform technique works on Fourier before moving on to the spatial technique, but the spatial approaches work directly at the pixel level.

Image segmentation

Image segmentation refers to the process of breaking up a single picture into a number of individual parts. The fundamental objective of this division is to protect the high-quality of the images while simultaneously simplifying their presentation and making them easier to comprehend. This approach is also used to trace the borders of the items contained within the photographs themselves. Pixels are given names according to their qualities and the intensity of the light that shines on them while using this method. These parts take on the characteristics of the whole original image, including its intensity and similarity to the original. The picture segmentation approach is applied for clinical applications in order to construct a three-dimensional contour of the human body. A number of different applications make use of segmentation, including machine perception, tissue volumes, anatomical and functional investigations, virtual reality visualization, anomaly analysis, and object characterisation and identification. Segmentation also has a place in anomaly analysis.

Image segmentation can be broken down into two distinct categories: global segmentation and local segmentation. When applied to a single image subset, local segmentation is at its most effective. When compared to the global type, this technique uses a lower total number of pixels. The global segmentation technique treats the whole picture as a single entity for processing. With this method, you have access to a larger pool of pixels to deal with. Segmentation can be broken down into two categories: methods:

1. The approach based on regions;
2. The technique based on boundaries; and
3. The method based on edges

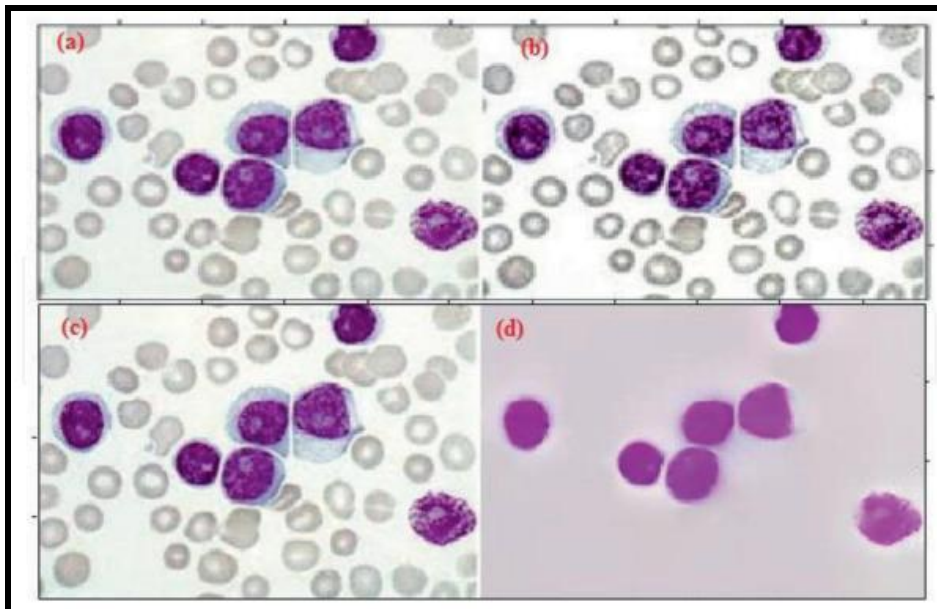


Figure 3. Edge-aware local contrast manipulation of leukemia cell images (a) and (c) original image, (b) Edge threshold, and (d) Reduced contrast 0.5

Image segmentation based on thresholding

The value of the threshold is what is utilized by threshold segmentation in order to convert a grayscale picture into a monochromatic one. Reconstructing or reslicing images in radiology may also include the use of other approaches, such as Otsu's and k-means algorithms, respectively. The threshold method is beneficial when identifying the limits of solid things against a dark backdrop since it emphasizes contrast. In order for threshold techniques to be effective, there must be differences in the intensities of both the item and the background. There are three distinct approaches to thresholding that might be taken. Some of these methods include histogram-built selection thresholds, adaptive selection thresholds, and global selection thresholds. This worldwide threshold is more all-encompassing and may be used to any and all segmentation procedures. Through the use of the binarization process, Equation (2) demonstrates how to calculate the global threshold ():

$$f(x) = \begin{cases} 1 & \text{if } f(m,n) \geq \theta \\ 0 & \text{otherwise} \end{cases} \dots\dots\dots(2)$$

If the region of interest can be distinguished from the background and has an intensity that stands out, the adaptive or fixed threshold segments will photograph it more quickly. The inability to comprehend multichannel photos and the method's own straightforward nature are the two major flaws in it.

Roberts kernel

In order to determine the degree of difference that exists between two neighboring pixels, the Roberts kernel approach is used. Forward differences is the exact name for this particular concept. This technique, which is developed from the first-order fractional derivative and the cross-gradient operator (Eqs. (3) and (4)), has the potential to locate edges in extremely noisy photos.

$$\frac{\partial f}{\partial x} = f(i, j) - f(i + 1, j + 1) \dots\dots\dots(3)$$

$$\frac{\partial f}{\partial x} = f(i + 1, j) - f(i, j + 1) \dots\dots\dots(4)$$

The fractional derivative can be applied to any one or both of these matrices. In this scenario, the equation (5) is used to compute Roberts masks:

$$G_x = \begin{bmatrix} -1 & 0 \\ 0 & 1 \end{bmatrix} \text{ and } G_y = \begin{bmatrix} 0 & -1 \\ 1 & 0 \end{bmatrix} \dots\dots\dots(5)$$

k-means segmentation

The k-means cluster is one technique that may be used to evaluate vectors and signals. The image is cut up into n sections and k clusters using this technique. Then, each observation is assigned to a cluster that has a comparable mean value. K-means clustering is a method that frequently detects groups of the same size geographically. Given a collection of remarks (x1, x2,..., xn), where each remark is a d-dimensional real vector, the purpose of k-means clustering is to minimize the within-cluster sum of squares (Eqs. (6) and (7)) by breaking the n observations into k (less than n) sets S = S1, S2,..., Sk.

$$\arg \min_S \sum_{i=1}^k \sum_{x \in S_i} \|x - \mu_i\|^2 = \arg \min_S \sum_{i=1}^k |S_i| \text{Var} S_i \dots\dots\dots(6)$$

where μ_i is the mean of points in S_i .

$$\arg \min_S \sum_{i=1}^k \frac{1}{2|S_i|} \sum_{x, y \in S_i} \|x - y\|^2 \dots\dots\dots(7)$$

The k-means method is suitable for usage in large databases despite the fact that it is rather straightforward. This approach is utilized in the fields of astronomy, economics, agriculture, and perception in computers.

CONCLUSION

Pictures allow for the communication of information in a format that is graphical. Pixels are very small units of measurement that are utilized in the process of picture construction. Every pixel in the image has its own distinct value and position. The term "geometric image" refers to a picture that has been mathematically represented by employing geometrical primitives, such as lines. The header and the data are the two parts that make up the picture file, and each image is saved in its own specific file format. Imaging processing procedures are any methods that include the use of a computer for the purpose of altering or enhancing an image. The goal of segmentation is to divide the images into meaningful portions so that they may be analyzed more effectively. The concept of local segmentation refers to the process of breaking up the images into more manageable chunks that are contained inside the images themselves. The process of global segmentation focuses on the compilation of these different

segments. Image segmentation may be accomplished in three different ways: by area, border, or edge. The region approach is used to investigate the region class of neighboring pixel groups and image groups. During the thresholding segmentation process, both the histogram and the threshold value of the pixels are utilized.

REFERENCES

- [1] M. Laal, "Innovation process in medical imaging," *Procedia-Social and Behavioral Sciences*, vol. 81, pp. 60–64, 2013.
- [2] H. Kasban, M. A. M. El-Bendary, and D. H. Salama, "A comparative study of medical imaging techniques," *International Journal of Information Science and Intelligent System*, vol. 4, no. 2, pp. 37–58, 2015.
- [3] National Research Council, *Mathematics and Physics of Emerging Biomedical Imaging*, National Academies Press, 1996.
- [4] M. A. Flower, *Webb's Physics of Medical Imaging*, CRC Press, 2012.
- [5] C. A. Roobottom, G. Mitchell, and G. Morgan-Hughes, "Radiation-reduction strategies in cardiac computed tomographic angiography," *Clinical radiology*, vol. 65, no. 11, pp. 859–867, 2010.
- [6] A. Kaur and M. Goyal, "ROI based image compression of medical images," *International Journal of Computer Science Trends and Technology.*, vol. 2, no. 5, pp. 2347–8578, 2014.
- [7] S. J. McPhee, M. A. Papadakis, and M. W. Rabow, *Current Medical Diagnosis & Treatment 2010*, McGraw-Hill Medical, New York, 2010.
- [8] D. Berger, "A brief history of medical diagnosis and the birth of the clinical laboratory. Part 1--ancient times through the 19th century," *MLO: Medical Laboratory Observer*, vol. 31, no. 7, pp. 28–30, 1999.
- [9] P. Skinner, "The New Cambridge Medieval History. Vol. III: c.900-c.1024. Timothy Reuter," *The English Historical Review*, vol. 116, no. 465, pp. 137-138, 2001.
- [10] R. Wittern-Sterzel, "Diagnosis: the doctor and the urine glass," *The Lancet*, vol. 354, p. SIV13, 1999.
- [11] A. A. Diamandopoulos and P. C. Goudas, "The late Greco-Roman and Byzantine contribution towards the evolution of laboratory examinations of bodily excrement. Part 2: sputum, vomit, blood, sweat, autopsies," *Clinical Chemistry and Laboratory Medicine*, vol. 43, no. 1, pp. 90–96, 2005.
- [12] F. Wallis, "Signs and senses: diagnosis and prognosis in early medieval pulse and urine texts," *Social History of Medicine*, vol. 13, no. 2, pp. 265–278, 2000.

- [13] L. R. Mooney, “A middle English verse compendium of astrological medicine,” *Medical History*, vol. 28, no. 4, pp. 406–419, 1984.
- [14] W. G. Bradley, “History of medical imaging,” *Proceedings of the American Philosophical Society*, vol. 152, no. 3, pp. 349–361, 2008.
- [15] E. Ambrose, T. Gould, and D. Uttley, *Jamie Ambrse*, BMJ Publishing Group, 2006.
- [16] S. R. Stock, “Trends in the micro-and nano computed tomography 2010-2012,” *Developments in X-Ray Tomography VIII*, International Society for Optics and Photonics, vol. 8506, article 850602, 2012.
- [17] Amadou C., Bera G., Ezziane M., et al. 18F-Fluorocholine PET/CT and parathyroid 4D computed tomography for primary hyperparathyroidism: the challenge of reoperative patients. *World Journal of Surgery* . 2019;43(5):1232–1242. doi: 10.1007/s00268-019-04910-6.
- [18] Holler M., Guizar-Sicairos M., Tsai E. H., et al. High-resolution non-destructive three-dimensional imaging of integrated circuits. *Nature* . 2017;543(7645):402–406. doi: 10.1038/nature21698.
- [19] Chapman H. N., Nugent K. A. Coherent lensless X-ray imaging. *Nature Photonics* . 2010;4(12):833–839. doi: 10.1038/nphoton.2010.240.
- [20] Omar A., Andreo P., Poludniowski G. A model for the energy and angular distribution of X-rays emitted from an X-ray tube. *Medical Physics* . 2020;47(10):4763–4774. doi: 10.1002/mp.14359.
- [21] Ando K., Yamaguchi M., Yamamoto S., Toshito T., Kawachi N. Development of a low-energy X-ray camera for the imaging of secondary electron bremsstrahlung X-ray emitted during proton irradiation for range estimation. *Physics in Medicine and Biology* . 2017;62(12):5006–5020. doi: 10.1088/1361-6560/aa7166.
- [22] Kim Y. C., Kim K. H., Son D. Y., et al. Printable organometallic perovskite enables large-area, low-dose X-ray imaging. *Nature* . 2017;550(7674):87–91. doi: 10.1038/nature24032.
- [23] Heo J. H., Shin D. H., Park J. K., Kim D. H., Lee S. J., Im S. H. High-performance next-generation perovskite nanocrystal scintillator for nondestructive X-ray imaging. *Advanced Materials* . 2018;30(40) doi: 10.1002/adma.201801743.