



u0; onkUr dk fo' o n' kZu , oa /kkfeZd i "BHkife dk
l f{klr eiv; kadu

' kks| kFkhz
jkt's k dækj

I kj &

u0; onkUr dks fgUnq vk/kfudrkokn] uo fgUnqkn oSfod fgUnq /kel dks
fgUnq l koHkkfedrk Hkh dgk tkrk gA egf"kl vjfoln dh l k/kuk dh ppkl fd; s
fcuk u0; onkUr dk fooj.k v/kjk gh jg tk; xkA egf"kl ds u0; onkUr dk
eryc g&fgUnq uokRFkkuA fdUrq mudh l k/kuk dk fo' ySk.k djuk Hkh vkl ku dgka
gA muds vk/; kRe ds vfreako vksj vfreakul dh 0; k[; k Hkh mruh gh n#g
fl) gpz gA muds u0; onkUr dks l e>us ds fy; s mudh iLrd "Mkbb ykbQ"
dk v/; ; u djuk vfr vko'; d gA mudk fopkj gS fd thou] thou gS okj
fcYyh dk gks ; k ekuo dka nkuaka ds chip dkbz vUrj ugha gA vUrj dk fopkj
ekuo ds Lo; a ds ykHk ds fy; s , d ekuoh; vo/kkj.kk gA dkbz Hkh ns'k ; k tkfr
vc fo' o l s vyx ugha jg l drh] tS s ijh nfu; k cny jgh gS oS s gh Hkkjr dks
Hkh cnyuk pkfg; A ; g ns'k ik' pkr; 'kfDr; ka dks Hkh xg.k dja vksj vi uh
'kfDr; ka dk fouk'k Hkh u gkus nA ml ds Hkhrj l s tks l Ldfr iQfYyr gksxh og
ij's fo' o ds fy; s vxz kh l Ldfr gksxA l kFk gh mUgkaus ; g Hkh l ns'k fn; k fd
ekuoka ea l oFkk uohu pruk Hkjs ml ds vLrRo ds l Ei wkl : i dks cny MkykS
ftl l s /kjr h ij u; s thou dk l e; l s vkjEHk gks l dA
i Lrkouk&

Lokh foodkuln th ds u0; onkUr ea l cl s cMh fo' kSkrk /kkfeZd l fg". kqrk
gA v}r onkUr ea i pkjd vksj iz ka d gksr gq s Hkh os l Hkh /kekā ds JSB rRoka dks
geSk Lohdkj djrs FkS oks dgrs Fks fd l Hkh /kekā ds l kFk ejk 0; ogkj oS k gh
gksxk tS k mudk vius /kel ds ifr gsrk gA og dgrs Fks fd ea ed yekuka ds
l kFk efLtn tk l drk gj bZ kbZ ka ds l kFk ppA ckS) ka ds l kFk eB tkAækj vksj
ân; l s fn0; T; kfr ds n'kZu d: ækA mudk ekuuk Fk fd : f<okfnrk o
l adh.krk vk/; kFRed vk/kkj ds ifr tkx: drk u gkuk gh fo' o dh , drk ea

ck/kd gA mudk Li"V er Fkk fd fo'o ds l Hkh /keZ emyr% vfHkUu gA os , d&nl js ds ijd g\$ ijLij fojk/kh ughA bl izdkj Lokeh th dk u0; onkUr l koHkKkE] l eLr HknHkko l s i j} 'kk'or vksj fpjUru /keZ gA ; |fi Lokeh th ds u0; onkUr ea v'kfo'okl vksj 'kjd rdZ dk dkbZ LFkku ugha gA u0; onkUrh dsy'k'k oktish us Lokeh foodkulln dk o.ku djrs gq s dgk gS 'fd os , d vk/; kfred vksj , d jk"V^a ds fuekZrk] n'skHkDr vksj , d vUrjkZ'VbknH FkA u0; onkUr ds fo"K.k ea xkZ/kh th us l h/k&l h/ks dN ugha dgk] u gh fdl h u; s n'kZu dh jpuk dhA yfdu muds fopkjka dk tks nk'kfud vk/kkj g\$ ogha xkZ/kh n'kZu gA os l Pps ekuooknh rFkk foodoknh FkA mUgkaus l Hkh /kekā dh l R; rk dks Lohdkj fd; kA os l Hkh /kekā ea l elo; kRed nf"Vdks k j [krs FkA vr% muds vuq kj dkbZ Hkh /keZ Nks/k ; k cMk ugha gks l drkA

xkZ/kh th us u0; onkUr l ektokn dh LFkki uk dh Fkh os vfgd k ds cy ij l KE; okfn; ka ds rjg iathokn dks l ekLr dj oxfoghu l ekt dh LFkki uk djuk pkgrs FkA xkZ/kh th l kekftd dkfUr rks pkgrs Fks yfdu fcuk oxZ l ?k"KZ dA xkZ/kh th ds vuq kj] ^LojkT; dk l Ppk turU= Hkh vl R; vksj fgd d l k/kuka l s ugha vk l drkA xkZ/kh th l Hkh l eL; kvka dk ekfyd gy fudkyrk pkgrs FkA mUgkaus fo/kok iufobkg dk l eFkZu fd; kA bl izdkj mUgkaus bl izdkj mUgkaus fL=; ka dh l kekftd fLFkr dks etar djus dk iz kl fd; kA

xkZ/kh th l Hkh /keZ dk l eku vknj djrs FkA l ekt ea l el rk] LorU=rk] HkkbZpkj mRiUu djus dk iz kl djrs Fks os fo'o cu/kRo ds izy l eFkZd FkA xkZ/kh th us geskk l Hkh l eL; kvka dk ekfyd gy [kkstus dk iz kl fd; k FkA xkZ/kh th jk"Vh; rk vksj vUrjkZ'Vh; rk nkuka ea gh ekuorkokn dks c<kok nrs Fk] ftl ea ekuo dk fgr l okā fj gks pkgs ml ea fdl h Hkh n'sk dks dN upl ku gks tk; s ; k fdl h n'sk dks dN ykHk gks tk; A bl izdkj xkZ/kh th ds u0; onkUr ea ekuo dY; k.k l okā fj FkA ftl s mUgkaus l okā; dk uke fn; kA xkZ/kh th jk"Vh; rk vksj vUrjkZ'Vh; rk f'k{kk 0; oLFkk vfgd kokn fl) kUr vksj izkkfy; kj jktufrd , oa l kekftd ifjorZ] turU= dk egRo uhfr ij vk/kkfjr jktufrr l Ecu/kh l Hkh /kkj .kkvka ds emy ea ekuooknh n'kZu ik; k tkrk g\$; gh xkZ/kh th dk u0; onkUr gA onkUroknH Hkkjrh; nk'kfudka us Hkkjrh; ijEijk dks l Ei wZ fo'o ea QSykus ds fy; s onka dk fo'o n'kZu ds vuq kj iz kj fd; kA blUgkaus on ijh nfu; k ds fy; s u; s vorj.k ea l Lr q fd; k vksj Hkkjrh; Kku ijEijk dk ijs fo'o ea ijpe ygjk; kA

u0; onkUr dh /kkfZd i"BHkfe

Lo vH; n; dh ikflr rFkk fu%J; l dh fl f} gh /keZ g\$ dN vU; fo}kuks us /keZ dks l ijHkkf"kr djrs gq dgk gS fd ikjyKfdd 'kFDr ea fo'okl gh /keZ gA Hkkjrh; l Ldfr l nō l s /keZ iz/kku jgh gA okLro ea /keZ gh l Ei wZ l Ldfr dk vk/kkj gA l k[; n'kZu ea /keZ ds l Ecu/k ea fy [kk gS

ⁿ; rks Hk; n; fu%J; fl f} l /ke%

vFkkZ vH; n; dh ikflr rFkk fu%J; l dh fl f} gh /keZ gA vH; n; l s

rkRi ; Z gS Hkkfird ykHk rFkk fuJ; I s rkRi ; Z g&vk/; kfred dY; k.k I {ksi ea /kel
og tks 0; fDr dk ykfd , oa vykfd dY; k.k djA xhrk dgrh gS

^fgd k vl R; eLrs dke ØkskykHkrk Hkrfiz fgrs'kq p /kel; a I kobkf. kda**

vFkk~-fgd kj vl R;] Lrs] dke] Øksk o ykHk I sefDr i kuk gh /kel gA

/kel 'kcn ^k* /kkrq ea ^ei~ iR; ; yxkus I s cuk gS bl ea ^k* dk vFkZ gS
^ykj.kk djus ; kx; rFkk ^ei~ dk vFkZ gS 'kk'or eW; ** izu fd D; k /kj.k fd; k
tkuk pkfg, \ mRrj feyrk gS fd ekuo dY; k.k ds mnas; dks /; ku ea j [kdj
I eLr ikjykd rFkk ,fgd 'kk'or eW; ka dks gh /kj.k djuk pkfg, A ; gh /kj.k
; kx; gA vr% Hkkjrh; n'ku tufgr dks /; ku ea j [kdj gh drD; izkku ekuo
/kel dk fodkl fd; k x; ka xhrk dgrh gS fd fgd kj vl R;] Lrs] dke] Øksk]
ykHk I sefDr i kuk gh I Hkh oxZ ds yxka dk /kel gS bl fy, Hkxoku d".k us xhrk
ea del izkku thou ij cy fn; k gS vkj Qy izkku dh miskk dh gA tc iFoh
dk iR; d ik.kh vius /kel dk ikyu djrk gS rks I qk rFkk 'kkfr cuh jgrh gA
/kel gh I ekt dk vuqkl u I = gS vkj jtk bl ds v/khuA euq ds /kel dk Lo: Ik
vfr 0; ki d gS vkj og 0; fDr] I ekt rFkk jkT; ds ufrdrk ds fu; eka I s
vkrikr gA

Hkkjrh; n'ku ^bz kkoL; fena^bz oj I o= 0; klr gS og izdr ds d.k&d.k
ea 0; klr gS vkj vkRek rFkk ijeRek nkuka , d gh ijca dh 'kkfDr; kj ga tks
dkykrj ea , d nil js ea foyhu gks tkrh gS foyhurk dk uke gh ^eks{k* gA 0; fDr
dks tle&eR; q ds nd pØ I s cpkus ds fy, eks{k i klr djuk gsrk gS vkj I R; dks
i kus I s gh eks{k feyrk gA I r-Kku I s i klr gsrk gS rFkk fo | k ds }kj k vKku dks
nij djds I r-dh i kflr I EHko gsrh gA fo | k i kflr ds fy, ri] yxu] /kS Z rFkk
vukl Dr dke dh vko'; drk gsrh gS vkj buds fy, iq "kkfZl pkfg, A ; si q "kkfZl
/kel vFkZ dke rFkk eks{k gS ; s gh I Ei wZ n'ku dk vk/kj gA Hkkjrh; n'ku /kel I s
vFkZ ekuo /kel dks yrk gA euLefr us ekuo /kel ds 10 y{k.k crk, gA

/kfr] {kek] ne] vLrs] 'kcp] bflnz fuxg] |h] fo | k] I R; o vØksk A

/kel dks vaxst ds 'Religion' 'kcn dk lk; kZ okph ekuus dh eny ugha dh tk
I drh gA ekuo tks /kj.k djrk gS ; k tks ekuo drD; vi ukkr gS ogh /kel gA
vFkk~- /kel dk I Ecl/k ekuo drD; dh ifo= /kj.kk I s gA bLykeh n'ku ds
vuq kj] eLdfo; k ds fopkj I /kel ; k etgc , d vkpkj I fgrk gS ftl ds vk/kj
ij yxka dks vkpj.k djuk fl [kk; k tkrk gA ts s uekt vkj gt] i Mkd i u rFkk
ykod i e dks cMs i sekus ij mRi lu djus ds I nj <x gA

dN ykx ^keZ vkj ^er* dks , d nil js dk lk; kZ ekurs gS fdUrq I R; ; g
ugh gA ^er* , d fof'k"V fopkj/kjk dk csk djkrh gS tcfD /kel dk vFkZ 0; ki d
gkrk gA /kel euq; dh vk/; kfred mlufr dk csk djkrk gS D; kfd vk/; kfred
izxfr] vkRek dks ije I qk vkj 'kkfr nrh gA bz kbz /kel ds vuq kj dFkkfyd]
i kV/LVs V] eFkMLV vkfn er gS fgrw /kel es vk; Z I ekth] I ukru/kehZ jk/kkLokh]
ukudi Fkh vkfn er ga u fd ; s /kel gA

/kel I R;] f'koe] I Unje-dh vuHkr djkdj euq; dh vkRek ea i wkrk ykus

dk iz kl gA vkrk ea ftruh iwrk vkrh gS og ijekRek ds mrus gh fudV
 igprk tkrk gA vr% dgk tkrk gSfd ^keZ bZoj dh ikflr }kj k ije l qk , oa
 'kkfUr dks ikus dk l okRre l k/ku gA

/keZ gekjs thou dk vk/kkj LrEHk gA ekuo /kkfeZd vuHkfr dj thou es
 l rks'k] l q[k] vkun vkfn ikr djus ea l eFkZ gkrk gA l keku; r% /keZ l s vk'k;
 fdlh vykfd d ; k l ektki fj ; k vfyekuoh; 'kkfDr gS ftl s ik; % bZoj dh
 l Kk nh tkrh gS ij fo'okl l s gS ij fo'okl l s gS ftl dk vk/kkj iæ] J}k]
 l Ldkj , oa ijEijk, j gA /keZ dh vfHkO; fDr] iwtk&i }fr vFkok thoup; kZ l s gkrh
 gA /keZ ds nks i{k gA vkrfjd rFkk ckg; A vkrfjd i{k ds vrxr ekuo ds
 /kkfeZd fo'okl] fopkj J}k vkfn dk l eko'sk gkrk gA okg; i{k ds vlxr
 mikl uk fof/k] /kkfeZd dh vfHkO; fDr djrk gA ; |fi vkt fokku dh ixfr us
 /kfudrk rFkk Hkkfrdokn dks c<k; k gS fdUrq 0; fDrxr] ifjokfd] l kekfTd]
 vkfFkd rFkk jktufrd thou es /keZ dh mikns rk gA u0; onkur fo'o cu/kRo
 dh vo/kkj.kk ^dol qk dV/cde** dh Hkkouk vks l EiwkZ fo'o ejk ?kj dh
 vo/kkj.kk ij cy nrh gA

l nHkZ xLFk l iph&

- ukV/k.kh izdk'k ukjk; .k] i kphu Hkkjr ds jktufrd] fopkj] i0 3
- foodkuln Loksh] iæ ; ks] jked".k eB] ukxig] i0 47
- foodkuln l kfgR; f}rh; [k.M&i ä 258
- MKD me'sk feJ] Hkkjr; n'ku] m0i0 fgUnh l LFkku] 1957] i08
- , Od0l h0 vks/ko] fxfMXl ifl iy vkQ l kfl ; ksykllt'h] i0 27
- MKD e/kfjek fl g % f'k{kk , oa l ekt] vkykd izdk'ku] i0 236&240
- f'koit kn fl g] Jh vjfoln] mRrj; ksh] i0 92
- fl g jkeiky] f'k{kk , oa Hkkjr; l ekt] foukn iLrd eflnj] vkxjk] i0 45
- vfgd k l R; eLrs dkedk/kykHkrk Hkarfi z fgrgk p /keZ ; a l kobf.kZd
- l nkuln] onkur l kj] i0 7] thokulni= l Ldj.k] dydRrkA
- f'k{kk ds nk'kfud vks l ekt'kkL=h; fl) kur] jeu fcgkjh yky] i"B&330]
 ejB izdk'ku
- Okkfy; k] t0, l 0 % pmnh; eku Hkkjr; l ekt ea f'k{kd]p vge-iky ifcy"kt]
 xks ky uxj] tkyU/kj skgj ¼i atkc¼ 2011
- mi k/; k;] nhun; ky % prFkZ l Ldj.k] PHkkjr; vFk&uhfr] fodkl dh , d
 fn"kkB] ykdfgr izdk"ku] l Ldfr Hkou jktUnuxj]y[kuÅ&226004] 2008
- mi k/; k;] nhun; ky % uoe- l Ldj.k] p, dkRe ekuooknB] tkxfr izdk"ku]
 ukS Mk& 201301] 2012